

hot and cold beverages

cold drinks

cold brew coffee	3.50
homemade lemonade	3.00
arnold palmer	3.00
organic fresh brewed iced tea	3.00
variety and canned and bottled beverages	2.50
fresh squeezed orange juice	3.50



crushcakes & cafe



crushcakes house specialties

the 7th day double shot espresso over ice with half & half and topped with our homemade whipped cream 4.50

angeleno double shot espresso shaken with milk poured over ice sweetened with our vanilla agave 4.50

the dark side dark chocolate mocha sweetened with agave 4.50

berry palmer a refreshing combo of our fresh squeezed lemonade & berry iced tea 3.00

black pearl black iced tea sweetened with coconut agave and almond milk 3.50

crush KETO coffee dark roast coffee with organic coconut oil, butter, heavy cream, vanilla, cinnamon and our dark cocoa 4.50

hot drinks ask for our homemade whipped cream, its delicious!

coffee	2.75	refills 50 cents
espresso	2.75	
americano	2.75	
cappuccino	4.00	
latte	4.00	
vanilla haze latte	4.50	
cinnamon honey latte	4.50	
mocha, mayan mocha or mint mocha	4.50	
chai latte	4.00	
dirty chai	4.50	
hot cocoa	3.50	
pot of organic intelligentsia hot tea	3.50	
locally made matcha	5.50	

all iced drinks now available in large size +1.00

all crushcakes coffee drinks are made with a double shot of intelligentsia espresso

♥crush kids♥

scrambled eggs, pb&j, cheese quesadilla or grilled cheese served with fruit or chips 5.95

hot oatmeal topped with cinnamon, served with a side of raisins and brown sugar 5.95

baby cakes griddle cakes served with fresh strawberries, bananas, maple syrup, homemade whipped cream 5.95 served until 2 pm daily

kids crush red velvet pancakes served with fresh strawberries, bananas, maple syrup, homemade whipped cream 6.95 served until 2 pm daily

* eat, enjoy and help the landfill here. take it to go and 25 cent charge applies.

** 10% service charge applies for all take out orders of \$75 or more

*** please order carefully, there are no cash refunds

crushcakes & cafe prepares our food in house on shared equipment with products containing dairy, eggs, nuts, wheat and soy

at crushcakes & cafe we strive to provide our customers with the freshest and most current menu items available.

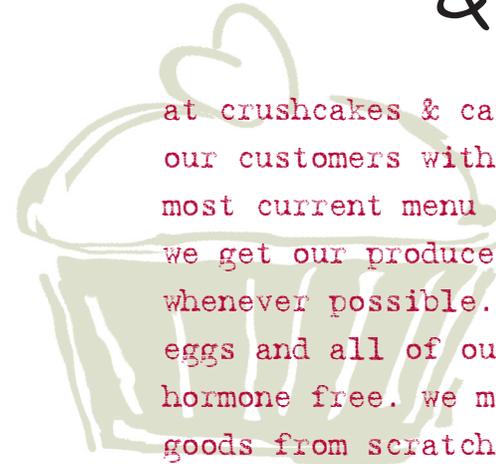
we get our produce locally and organic whenever possible. we use farm fresh eggs and all of our meats are completely hormone free. we make all of our baked goods from scratch with love here in our kitchen. we make all of our food to order, it might take a little longer but it will be worth it! thank you for coming and we truly hope you enjoy your experience at crushcakes cafe.

crushcakes santa barbara
1315 anacapa st, santa barbara, ca 93101
phone: 805.963.9353 fax: 805.963.9383

crushcakes goleta
5392 hollister avenue, goleta, ca 93111
phone: 805.845.2780 805.845.2200

crushcakes carpinteria
4945 carpinteria ave. carpinteria, ca 93013
phone: 805.684.4300

www.crushcakes.com



breakfast served all day

peace, love & granola vanilla bean yogurt topped with our homemade granola, sliced bananas, strawberries and honey drizzle 7.50

crush red velvet pancakes served with fresh strawberries bananas, maple syrup and our famous sour cream frosting 11.50 (served until 2pm daily)

hangover helper breakfast sandwich with organic scrambled eggs, melted cheddar, applewood smoked bacon and tomatoes on grilled sourdough bread 9.50

the happy pig breakfast sandwich with maple roasted ham, fried farm egg, melted jack cheese, sliced red onions and tomatoes on grilled sourdough 9.95

the classic scrambled eggs, house potatoes, honey roasted ham, bacon or sausage, toast 10.95

cafe skillet two fried farm eggs served over roasted potatoes, anaheim chilis, red peppers, applewood smoked bacon and melted cheddar & jack 10.95

crush huevos rancheros two fried farm eggs over grilled corn tortillas, black beans, cheddar, jack, pico de gallo, guacamole and drizzled with our cilantro ranch 10.50

maple melt farm fried egg, locally made sausage, melted jack, maple drizzle on grilled sourdough. served open faced with fresh fruit 9.95

black & white 2 fried farm eggs, housemade black beans, sour cream drizzle, toast 9.50

breakfast burritos on wheat tortilla served with fresh fruit
break of day burrito scrambled eggs, cheddar, jack, applewood smoked bacon, roasted peppers and our homemade salsa 9.50

soyrizo burrito scrambled eggs, soyrizo, roasted potatoes, avocado, cheddar and jack cheese 9.95

the lucky goat burrito scrambled eggs, goat cheese, peppers, mushrooms, roasted potatoes, avocado and sauteed mixed greens 10.95

notorious B.A.B. (bad ass burrito) scrambled eggs, potatoes, guacamole, arugula, melted cheddar and jack cheese 10.95

free range scrambles served with grilled bread and butter

salsa homemade salsa, cheddar, jack, sliced avocado 9.50 add soyrizo 1.00

veggie roasted zucchini, peppers, red onions and goat cheese 9.50

lox smoked lox, cream cheese, onions. served with grilled bagel 11.50

i♥bagels served with everything bagel or plain bagel

big papa fried egg, bacon, cheddar, chipotle ketchup 7.95

little momma pesto cream cheese, avocado, red onions, tomatoes, sprouts, arugula 7.95

lox of love brown sugar smoked lox, sliced red onions, tomatoes, and cream cheese 11.50

grilled bagel cream cheese, red onions & tomatoes 3.95 bagel and cream cheese only 2.95

lunch soups and salads

homemade soup of the day or turkey chili served with cheese and sour cream 6.95
crushed tomato basil soup (v) 5.95

crush kale salad roasted chicken, avocado, carrots, red bell peppers, onions, pumpkin seeds and parmesan tossed in our savory caesar dressing 11.95

ensalada de amor mixed greens, roasted chicken breast, avocado, roasted peppers, corn, tomatoes, cheddar, jack, tortilla chips, kicked up cilantro ranch dressing 11.95

savory caesar roasted chicken breast, chopped romaine, tomatoes, shredded parmesan, homemade croutons tossed in our savory caesar dressing 10.95

year round farmers market mixed greens, roasted chicken, goat cheese, strawberries, grapes, apples, cranberries, maple roasted walnuts, balsamic vinaigrette 11.95

animal lover mixed greens, roasted zucchini, caramelized onions, roasted peppers, toasted pumpkin seeds, portobello mushrooms, tomatoes, homemade vinaigrette 10.95

house salad mixed greens, tomatoes, toasted pumpkin seeds, house made vinaigrette 7.95 add scoop of albacore tuna salad or chicken salad 4.50

sandwiches served on locally made sourdough, 9-grain, rye or roll with salad or tortilla chips. ADD cheese .75
avocado 1.50 bacon 1.50 SUB GF bread 1.50 SUB cup of soup 1.50

cold sandwiches

roasted chicken salad mixed greens, fresh sliced tomatoes 9.50

albacore tuna salad mixed greens, tomatoes, onions 9.50

blta smoked bacon, mixed greens, tomatoes, avocado, aioli 9.50

roasted turkey local mixed greens, sliced red onions, tomatoes, aioli 10.50

kiss my grass homemade pesto cream cheese, sprouts, avocado, red onions, tomatoes and swiss cheese 10.50 add turkey 12.50

can't commit any cold 1/2 sandwich & soup or 1/2 salad 8.50 sub panini +1.50

wicked good grilled cheese brie, jack, fresh mozzarella, homemade pesto melted on grilled sourdough bread. served with a cup of our tomato basil soup 9.50

grilled paninis

chickened out roasted chicken, fresh mozzarella, basil, caramelized red onions, homemade pesto, aioli 11.50

tree hugger roasted portobello, zucchini, red and green peppers, caramelized onions, tomatoes, goat cheese, house aioli 9.95

cali melt roasted chicken, avocado, peppers and jack cheese 11.50

gobbled up turkey breast, bacon, avocado, jack cheese, tomatoes, house aioli 11.50

bapped melted brie, fresh basil, sliced green apples, house aioli 9.25 add turkey 11.25

tuna melt albacore tuna, cheddar cheese, avocado 10.95

the rooster roasted chicken, applewood smoked bacon, melted jack, red onions, tomatoes, cilantro, sriracha aioli on a BIG roll 11.50

stay woke burger

housemade turkey burger with a fried egg, bacon, caramelized onions, house aioli on a grilled brioche bun. served with salad or tortilla chips 11.50

WIAPS on wheat tortilla served with salad or tortilla chips

turkey club turkey, avocado, bacon, cheddar, jack, tomatoes, mixed greens, aioli 11.50

cowgirl chicken spicy roasted chicken, bacon, potatoes, caramelized onions, peppers, cheddar, jack and chipotle ranch 11.50

slim spicy (lower fat option) spicy roasted chicken, avocado, sauteed jalapenos, homemade pico de gallo, mixed greens and our special sauce 11.50

especiales de la casa

chicken ranch quesadilla roasted chicken, anaheim chiles, peppers, onions, tomatoes, jack and cheddar cheeses and our kicked up cilantro ranch dressing 11.95

crushcakes nachos tortilla chips smothered with turkey chili, melted cheddar & jack cheeses, sliced avocado and cilantro ranch drizzle 9.95

all day burrito roasted chicken, potatoes, black beans, cheddar and jack cheeses wrapped in a whole wheat tortilla 9.95

blanca's burrito bowl spiced chicken, quinoa, avocado, cheddar, jack, black beans, sour cream and pico de gallo over chopped romaine 11.95

urban tacos (gf & vegan) 3 corn tortillas filled with quinoa, black beans, sauteed peppers, onions, mushrooms and guacamole 10.95